

Preparing for Your Active FX and Deep FX Treatment With The Encore Laser

Getting ready for your laser treatment is relatively simple. By reading through the following instructions and making sure you have some very basic supplies on hand your recovery will be much easier, and your result will be improved!

Basics:

Be prepared for several days to a week of downtime depending on the aggressiveness of your treatment.

Most patients will receive some form of medication, either by mouth or intravenously before the treatment to help them relax. Because of this you will not be able to drive afterwards, and will need to make arrangements for a ride home.

You will need a supply of “Aquaphor” ointment, and “Cetaphil” antibacterial soap at home before your procedure. These can be purchased without prescription at most pharmacies.

You will have been given a prescription for “triamcinolone cream” to use afterwards to help speed recovery. It is very helpful to fill this and any other prescriptions in advance.

Things To Avoid:

Do not get sunburned or use a tanning bed before your treatment, or until all redness has disappeared after your treatment!! This will make your skin turn brown in an unpleasant way!

Stop retin-a at least 2 weeks before your treatment.

Do not have any skin peels, waxing, or electrolysis for at least two weeks before the treatment.

Finally:

As always, feel free to call us with any questions or concerns you may have. Resolving these before the treatment always makes things go better!!

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